Authenticating the subjective: a naturalistic case study of a high-usability electronic health record for virtual reality therapeutics

H J Moller¹, L Saynor²

¹Faculties of Medicine, Knowledge Media Design, Music and Health Research Collaboratory, University of Toronto, Toronto, CANADA

> ^{1,2}Digital Futures Initiative, OCAD University Richmond St, Toronto, CANADA

> > ^{1,2}PRAXIS Holistic Health Carlaw Ave, Toronto, CANADA

drmoller@praxisholistic.ca, lsaynor@praxisholistic.ca

¹kmdi.utoronto.ca, ^{1,2}www.ocadu.ca, ^{1,2}praxisholistic.ca

ABSTRACT

Using data from our established Technology-Enhanced Multimodal Meditation (TEMM) stressreduction program employing the electronic health record system Wellpad, we illustrate the value of developing a qualitative data-analysis approach to inform clinical practice in the rapidly emerging field of immersive therapeutics. In examining "rich data" of a naturalistic 50-patient TEMM cohort, point out that as with design of VR therapeutics, there is a highly salient role for immersive diagnostics, which ultimately relates to consumer satisfaction, both for patient and health-care practitioner.

Full papers will be published in the Conference Proceedings and will be freely available to delegates at the conference and online on September 20, 2016.